

**NIV MEMORY VERSE: Philippians 4:19**

And my God will meet all your needs according to his glorious riches in Christ Jesus.

**General & Personal Letters 7-1**

**"REJOICE IN THE LORD"**  
**READ Philippians 3:1-4:23**

**DAY 1 READ Philippians 3:1-4:23**

1. What was a new or renewed thought to you from last week's lesson?
2. a. Find several reasons why Paul rejoiced in today's reading.
- b. In what are you rejoicing this week?

**DAY 2 REVIEW Philippians 3:1-16**

3. a. What did Paul call those who would demand circumcision as a requirement of Christianity?
- b. What did he say characterized "true" circumcision?
- c. What had he taught in Romans 2:28-29?
4. a. If anyone were to put confidence in legalistic Judaism, why would Paul have been eminently qualified (verses 4-6)?
- b. Even though zeal is a desirable quality, what can sometimes happen according to Romans 10:2-3?
- c. What comes to your mind when you think of a "zealous" Christian?
5. a. What had Paul lost?  
      . . . gained?
- b. What is the basis of true righteousness?
6. In verses 10,11 Paul shared his goals with the Philippian Christians. If you were to write a friend sharing your Christian goals, what would you include?

## General & Personal Letters 7-2

### **DAY 2 (Continued) REVIEW Philippians 3:1-16**

7. Paul said, "But this one thing I do: \_\_\_\_\_  
\_\_\_\_\_. " (vs. 13-14)
8. How do you think you're doing with the instruction in verse 16?

### **DAY 3 REVIEW Philippians 3:17-4:1**

9. How does verse 19 describe someone whose "walk" doesn't match their "talk?"
10. "Our citizenship is in heaven" (verse 20). What do we learn in these Scriptures?  
a. Luke 10:20  
b. Revelation 21:27
11. How will we be prepared for heavenly residence?
12. Paul was concerned for these dear brothers. What did he urge them to do?

### **DAY 4 REVIEW Philippians 4:2-9**

13. a. What did Paul want the quarreling Christian women to do?  
b. How did he commend them?  
c. What have you found to be effective strategy as a peacemaker?
14. Write verse 4.
15. a. What was Paul's instruction on prayer?  
b. In what does such prayer result?
16. a. What kinds of thoughts are to occupy our minds?  
b. Why do you think the quality of our thoughts is so important?

## General & Personal Letters 7-3

### **DAY 4 (Continued) REVIEW Philippians 4:2-9**

16. c. We're told to dwell on things "worthy of praise." Apply that to a personal relationship (parent, spouse, child, friend). What is "worthy of praise" about that person? Please share with your group.
  
17. a. In addition to praise, what else was necessary according to Paul?  
  
b. Do you learn from the example of others? Share one thing you've been inspired by in the life of someone you know.

### **DAY 5 REVIEW Philippians 4:10-23**

18. Paul rejoiced at the gift from the Philippian church.
  - a. What had he learned?  
  
b. What had he experienced in his ministry?
  
19. What does verse 13 mean in the context of this paragraph?
  
20. a. Paul responded with joy to the generosity of the Philippians. What was his assurance to them in verse 19?  
  
b. How does that verse comfort and/or inspire you?  
  
c. What is the spiritual abundance promised in 2 Corinthians 9:8?
  
21. Who also sent greetings to the Philippians?
  
22. Philippians is a letter of joy! Write Isaiah 61:10 and rejoice!

**General & Personal Letters 7-4**

**"REJOICE IN THE LORD"  
READ Philippians 3:1-4:23**

**LECTURE NOTES:**

**PRAYER REQUESTS:**

**Hebrews 12:1 "Therefore since we are surrounded by such a cloud of witnesses . . ."**  
**Gilbert Tennent 1703-1764**