

General & Personal Letters 19-1

"RUN WITH ENDURANCE"

READ Hebrews 12:1-13:25

1. What was significant to you from last week's lesson?
2. In today's reading, choose three instructions that help you "run the race marked out for you."
 - a.
 - b.
 - c.

3. To counteract the temptation of Hebrew Christians to return to Judaism, the author presented a roll call of people who stood firm in their faith even to the point of death. "Let us fix our eyes on _____. . ." Why according to verse 3?
4. Hardship can be seen as what in verse 6?
5. In verse 10 what is the truth about God?
6. a. How is discipline negative?
 . . . positive?
- b. Share a thought about discipline as a part of training.

7. a. What is the warning of verse 14?
- b. What God commands, the Holy Spirit enables us to accomplish. How can we be holy according to 1 Peter 1:13-16?

DAY 3 (Continued) REVIEW Hebrews 12:12-29

8. a. What did godless Esau do?
 - b. Esau sought his lost blessing with tears. What do you think is a true indication of repentance?
9. Verses 19-28 contrast the Old Covenant given on Mount Sinai with the New Covenant as administered from Mount Zion (Heaven).
 - a. The Old Covenant is characterized when Moses said, "I am trembling with _____." (verse 21)
 - b. The New Covenant is characterized as a _____ assembly and the church of the firstborn whose _____. (vs. 22-23)
 - c. Jesus, the Mediator, warned on earth (He had fulfilled the Law) and He warns from heaven (through the Scriptures) that we are to do what in verse 28?
10. What does verse 29 mean to you?

DAY 4 REVIEW Hebrews 13:1-8

11. a. Write verse 2.
 - b. How much is hospitality a part of your life?
12. What hinders compassion today for those in prison or suffering mistreatment?
13. What do you think undermines the moral purity of our country today?
14. Instead of money as the source of security, what do we know from verses 5-6?
15. Would you feel comfortable if someone wanted to imitate your way of life and faith? How do you choose your role models?
16. Jesus is the ultimate role model. Write verse 8.

DAY 5 REVIEW Hebrews 13:9-25

17. Another gentle reminder of New Covenant superiority.
 - a. Ceremonial foods are of no value to those who eat them.
Write 1 Corinthians 8:8.
 - b. Sin offerings required the blood of animals.
Write Hebrews 13:12.
18. a. What comes to your mind when you think of a sacrifice of praise?

b. Write out a sacrifice of praise to Jesus.
19. a. What is another sacrifice that pleases God?

b. How can you offer that pleasing sacrifice this week?
20. As a leader/parent/boss, how does obedience contribute to joy?
21. What do you learn in verses 18-25 about . . .
 - a. . . . the writer?
 - b. . . . Timothy?
 - c. . . . the greeting?
22. Think back over this book of Hebrews. What application does it have for your life?

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LECTURE NOTES:

PRAYER REQUESTS:

Hebrews 12:1 "Therefore since we are surrounded by such a cloud of witnesses . . ."
Harriet Tubman 1821-1913