

NIV MEMORY VERSE: Psalm 32:5**PSALMS/PROVERBS 7-1**

Then I acknowledged my sin to you and did not cover up
my iniquity. I said, "I will confess my transgression to the Lord"
– and you forgave the guilt of my sin.

"A REPENTANT HEART AND GOD'S FORGIVENESS"**Psalms 6, 25, 32, 38, 51, 103, 130**

1. What blessed you from last week's lesson?

DAY 1 – READ Psalm 6:1-10; Psalm 38:1-22

2. If David's trial was indeed God's chastisement for sin (Psalm 6:1), what phrases in verses 2-5 indicate a hurting heart?
3. a. What depth of anguish did David express?
b. What deliverance did he anticipate?
c. How do you think sin can affect you physically?
. . . socially?
. . . spiritually?
d. In Joel 2:12,13 how does the Lord encourage repentance?
4. Because of David's "sinful folly" (vs. 5), what was he experiencing in **Psalm 38:1-10**?
5. a. Consider Psalm 38:11. How do you think we should treat someone with an overt sin problem? Cite Scripture reference if possible.
b. Conversely, how should one with a repentant heart be treated? Cite Scripture reference if possible.
6. a. Write Psalm 38:18
b. Write Proverbs 28:13
c. Write 1 John 1:9

DAY 2 – READ Psalm 25:1-22

7. What was David's plea in verses 1-7?
8. a. How does the Lord accomplish that in verses 8,9?
b. What does James 1:21 tell us to do to be spiritually receptive?
9. a. Fill in verse 11: "For the sake _____."
b. What is taught in Isaiah 43:25?
c. How did Jesus accomplish this for you?
10. a. What feelings expressed in Psalm 25:16-19 reflect how a person feels when sin separates him from the Lord?
b. What is the remedy from Isaiah 55:7?

DAY 3 – READ Psalm 51:1-19

11. a. For what did David ask (vs. 1,2)?
b. What confession did he make?
c. What did he understand about his sinful nature?
12. In verse 6, David acknowledged that God wants us to be truthful with ourselves. Why, according to 1 Corinthians 11:31,32?
13. a. Fill in David's penitent plea:
Cleanse me _____
wash me _____
Let me _____
let the _____
Hide _____
blot out _____
Create _____
renew _____
Do not _____
or take _____
Restore _____
grant _____
b. Which phrase means the most to you at this point in your spiritual walk? Share if you will the reason for your choice with your group.

DAY 3 (Continued) – READ Psalm 51:1-19

14. Jesus shed His blood in sacrifice to God for you. What must you sacrifice to Him from verse 17?

DAY 4 – READ Psalm 103:1-22

15. a. God's forgiveness reveals His love and mercy. What had God done for David personally in verses 1-5?
- b. What had He done for the nation of Israel (vs. 6-10)?
16. What three examples of God's love and mercy are given in verses 11-13?
17. What contrasts are drawn in verses 14-18 between men and God?

DAY 5 – READ Psalm 130:1-8; Psalm 32:1-11

18. Psalm 130:3 implies God does not keep a record of sin because He forgives. How are you at "record keeping" with others? Share a favorite Scripture or two that helps you remember to practice forgiveness.
19. While forgiveness is immediate, full deliverance for which we hope may not come immediately. What do these Scriptures say about waiting on the Lord?
Psalm 130:5-8

Hosea 12:6
20. Can you count yourself blessed as the psalmist did in **Psalm 32:1,2**? Why?
21. In Psalm 32:3-7, what did the psalmist . . .
. . . experience?

. . . acknowledge?

. . . expect?
22. What was the Lord's assurance in Psalm 32:8-10?
23. The whole concept of God's forgiving nature should make us want to do what in verse 11?
24. Concerning sin, do you think confession and repentance are the same thing? Explain.

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Psalms 6, 25, 32, 38, 51, 103, 130

LECTURE NOTES:

PRAYER REQUESTS: