

Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.

"SELF-WORTH AND INTEGRITY"
Psalms 17, 26, 41, 139; Proverbs 11, 28

1. What challenged your thinking in last week's lesson?

DAY 1 – READ Psalm 139:1-24

- 2.a. What specific things does God know about "me"?

- b. How did David react to this realization in verse 6?

- 3.a. In your opinion, when might a person, even a godly person, want to run away from God as David did in verse 7?

- b. What possibilities of escape did he contemplate?

- c. What truth about God is emphasized?

- 4.a. How do verses 13-16 give you a sense of personal self-worth?

- b. What do these Scriptures teach about how important you are to God?

John 1:12

John 3:16

Luke 15:3-7

1 Timothy 2:4

Revelation 3:20

- 5.a. Write Psalm 139:17.

- b. We renew our minds and bolster our self-worth when we think about godly things. What instruction is found in Philippians 4:8?

6. David accepted these facts about himself: God knew him intimately; there was no place for him to hide from God; he had enemies (and so did God); he needed God's refinement process in his life.

- a. In what areas do you need to accept yourself?

- b. What confidence was expressed by Paul in Philippians 1:6?

7. What was David's prayer from Psalm 139:23-24?

DAY 2 – READ Psalm 17:1-15

“Self-worth is God’s gift to us. Integrity is our gift to God.”

8. a. What did David see as important about the way he conducted his life in . . .
vs. 3?
vs. 4?
vs. 5?
- b. Which of these spiritual goals would you like to adopt?
9. If David were to continue to keep the integrity he professed in verse 4, what did he desire the Lord to do in vs. 6-14?
- 10.a. What did David see as his satisfaction for maintaining a righteous walk with God?
b. What do you think will satisfy you?

DAY 3 – READ Psalm 26:1-12; Psalm 41:1-13

- 11.a. David’s claim to the integrity of a blameless life in Psalm 26 was supported by these statements:
“I have trusted _____” (vs.1)
“I walk _____” (vs.3)
“I wash _____

“I love _____” (vs.6,7)
“I love _____” (vs.8)
- b. What did he not do in vs. 4,5?
12. What do these Scriptures say about God’s integrity that could help you say “my feet stand on level ground”? (Psalm 26:12)
Numbers 23:19

Joshua 21:45

Hebrews 6:18

Hebrews 13:8
- 13.a. David faced illness, enemies, and abandonment in **Psalm 41**, yet what was his statement of faith in verses 11,12?

b. At the end of his life Paul faced similar circumstances. How do you see Paul’s integrity reflected in these verses?
2 Timothy 3:12

2 Timothy 4:7

DAY 4 – READ Proverbs 11:1-31

14. Webster's Dictionary defines integrity as "being of sound moral principle; upright, honest, and sincere." What instruction is given in these verses?

- a. "being of sound moral principle"
vs. 13
- vs. 30
- b. "being upright"
vs. 3
- vs. 11
- c. "being honest"
vs. 1
- vs. 18
- d. "being sincere"
vs. 20

15.a. Remembering the life of Joseph (Genesis), what marks of integrity were exhibited in his life?

b. Choose another Bible character whose integrity is an example for you and share why.

DAY 5 – READ Proverbs 28:1-28

16.a. What happens to the following:

- a rebellious country?
- a companion of gluttons?
- one who turns a deaf ear to the law?
- one who conceals his sins?
- a fantasy chaser?

b. In contrast, what happens to:

- a man of understanding and knowledge?
- a law keeper?
- a sin confessor and renouncer?
- a hard worker?

17. What are some things found in this chapter that can compromise a person's integrity?

18. How do you think maintaining your integrity (or suffering a lapse in it) affects self-worth?

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LECTURE NOTES:

PRAYER REQUESTS: