

Even when I am old and gray, do not forsake me,
O God, till I declare your power to the next
generation, your might to all who are to come.

"OLD AGE AND MORTALITY"
Psalms 39, 49, 71, 90

1. What was encouraging to you in last week's lesson?

DAY 1 – READ Psalm 71:1-24

- 2.a. In verses 1-4, how did the psalmist describe his spiritual foundation?
 - b. Share what you have observed about the importance of religion to people as they age.
3. How do you think religious training in childhood (vs. 5,6) affects a person's outlook on aging?
- 4.a. Age is like a reflecting mirror to youth of what is to come. What are some of the fears associated with aging?
 - b. How does hearing an older saint praise God bring encouragement to you?
Can you cite a personal example?
- 5.a. What was the psalmist's plea in verses 9-13?
 - b. What is God's promise from Isaiah 46:4?
- 6.a. What is the commitment of the psalmist in verses 14-18?
 - b. Do you think advancing age spurs a Christian's commitment to witness? Why or why not?
- 7.a. What eternal hope is expressed in joyful praise in the remainder of the psalm?
 - b. What do we learn from these 1 Corinthians Scriptures?
15:19-26
15:35-44
15:49-53
8. What are some of the privileges of age?

DAY 2 – READ Psalm 39:1-13

9. A person only has so long on earth to exert his influence on others. What is unsatisfying about withdrawal from involvement?

. . . about being a workaholic?

10.a. If the Lord revealed verse 4 to you, what would be your priorities?

b. How can we live productively without that special knowledge? See Philippians 4:6,7.

11.a. The psalmist desired right standing with God before he died (vs.7-13). What is the danger of waiting "until I'm older" to make a commitment?

b. What does 2 Corinthians 6:2 say?

DAY 3 - READ PSALM 49:1-20

12.a. Write Ecclesiastes 5:15.

b. Why can't worldly riches buy immortality according to Psalm 49:8,9?

c. What did purchase immortality for us from 1 Peter 1:18,19?

13.a. What is the fate of those who trust in themselves according to Psalm 49:14?

b. What are other things besides wealth in which people put their trust?

14.a. The psalmist expressed what hope in verse 15?

b. What was Job's statement in Job 19:25-27?

DAY 4 – READ Psalm 90:1-17

15. In this prayer of Moses, verses 1-3 establish divine control in our lives. What does Acts 17:26,27 show us about why God has set a time limit on each life?

16. Men are swept away in death (Psalm 90:5) to face judgment (Psalm 90:8). What do you know about judgment to come that frightens you or comforts you? Give Scripture reference.

17. Verse 10 teaches us the longer we live, the more trouble we'll see. What should be the goal of a long life according to verse 12?

DAY 4 (Continued) – READ Psalm 90:1-17

18.a. In verses 14-17, Moses prayed, "Make us glad for all our days." Think of several senior citizens you know. Are they generally happy? What do you think contributes to that?

b. What can you do this week to remind them God loves them?

DAY 5 – MISCELLANEOUS TEXTS

19. What do these Scriptures say about respect for the aged?
Leviticus 19:32

Proverbs 23:22

1 Timothy 5:1,2

20. What do these Scriptures say about care for the aged?
1 Timothy 5:4

1 Timothy 5:8

21. Write these two proverbs:
a. Proverbs 16:31

b. Proverbs 17:6*

*You may share a picture if you wish

22. What do these Scriptures say about the
a. death of the wicked (Ezekiel 33:11)?

b. death of a saint (Psalm 116:15)?

23. Have you come to terms with the prospect of your own death? How has this lesson helped you?
(If this lesson has unsettled you or you need reassurance, talk to your leader or lecturer.)

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LECTURE NOTES:

PRAYER REQUESTS: