

NIV MEMORY VERSE: Psalm 18:35

You give me your shield of victory, and your right hand sustains me; you stoop down to make me great.

PSALMS/PROVERBS 21-1

"DELIVERANCE REMEMBERED"
Psalm 18, 77, 105, 129

1. What was interesting to you in last week's lesson?

DAY 1 – READ Psalm 105:1-45

2. The background for this psalm is found in 1 Chronicles 16:8-22. From 1 Chronicles 16:1-7:
 - a. What was the occasion when this psalm was offered to the Lord?
 - b. David appointed some of the Levites to:
 - 1)
 - 2)
 - 3)
 - 4)
 - c. What was to accompany their praise in verses 5,6?
3. The invitation to praise God in Psalm 105:1-6 calls upon the people to do what in verse 5?
- 4.a. What did God remember in verses 8-11?
 - b. In verses 16-22, what happened to Joseph?
 - c. Whom did He prepare to lead the people in vs. 26 and what did God do?
 - d. When the nation became numerous, Moses led the Exodus. Why was Egypt glad when they left?
 - e. Because God remembered "his holy promise" (vs.42), what did the people receive in verse 44?
Why (vs.45)?
5. What spiritual lesson does the retelling of the Exodus story remind you of concerning the people?
...concerning God?

DAY 2 – READ Psalm 129:1-8

- 6.a. How long had Israel been oppressed?
 - b. Why do you think the history of Israel to this present age has been one of affliction?

DAY 2 (Continued) – READ Psalm 129:1-8

- 7.a. Although subjected often to others, what praise is in verse 4?
- b. Share, if you will, a time when the Lord did that for you.
8. Hopefully, once delivered, our enemies will not overwhelm us again.
- a. What was the psalmist's prayer for Zion?
- b. What verse of Scripture do you use to combat the enemies of your spiritual walk?

DAY 3 – READ Psalm 18:1-50

9. Psalm 18 is found in 2 Samuel 22:1-51. From 2 Samuel 22:1, what was the occasion of this psalm?
10. David said in Psalm 18 God was his _____, _____, _____,
_____, _____, _____, _____.
- 11.a. When the "torrents of destruction" (vs.4) overwhelmed David, what did God do in vs. 16?
... in vs. 18?
- b. Why (vs.19)?
- 12.a. From verses 20-22, why would the Lord delight in David?
- b. Do you think He delights to deliver you for those same reasons? Please explain.
- 13.a. What was David's assurance in verse 29?
- b. What can you do with God's help according to Philippians 4:13?
- c. What wall would you like to scale this week?
14. How do you think God "stoops down to make me great" (vs.35)?
15. What did David remember about God's deliverance in verses 37-45?
16. Write verse 46.

DAY 4 – READ Psalm 77:1-20

17. a. Finding no comfort for his soul, the psalmist “thought about former days” (vs.5) and “my spirit inquired” (vs.6). What six questions did he ask?

- 1)
- 2)
- 3)
- 4)
- 5)
- 6)

b. Do you think questioning God shows a lack of faith? Please share.

18. a. What did the psalmist decide in verses 11,12?

b. What did he conclude in verses 13-20?

DAY 5 – MISCELLANEOUS TEXTS

19. What are some aids to remembrance that the Lord has given His people in these Scriptures and how are/were they helpful?

a. Genesis 9:15,16

b. Exodus 20:8-11

c. Luke 22:17-20

d. 2 Peter 3:1,2

20. Recall other ways/things the Lord has used to stimulate remembrance of Him.

21. Why do you think the “tonic of remembrance” is good medicine for depression or a feeling of hopelessness?

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LECTURE NOTES:

PRAYER REQUESTS: