

**"DELIVERANCE REQUESTED"**  
**Psalms 3, 35, 53, 59, 64, 79, 83, 140, 144**

1. What was meaningful to you in last week's lesson?

**DAY 1 – READ Psalm 3:1-8; Psalm 35:1-28**

2. In Psalm 3, what was David's . . .  
    . . . plight?  
    . . . peace?  
    . . . prayer?
3. a. According to 2 Samuel 15:13, who was the leader of David's foes?  
b. How did the Lord choose to deliver David from his foes according to 2 Samuel 18:9-17?  
c. How often do you think we contemplate the full consequences of our prayers?
4. a. What was David's request in Psalm 35:1?  
    . . . in verse 4?  
b. Why (vs.12)?
5. Contrast David's actions (vs.13,14) with the actions of his enemies (vs.15,16).
6. What do you think is the difference between vindication (vs.24) and vengeance?
7. a. What deliverance did David request in verse 26?  
b. Joyous testimony of answered prayer vindicates the righteous. Share a personal joyous testimony of deliverance.

**DAY 2 – READ Psalm 53:1-6; Psalm 59:1-17**

8. The request for deliverance from prevailing sin can be seen in Psalm 53.
  - a. What is the fact of sin (vs.1)?
  - b. . . . the fault of sin (vs.3)?  
    . . . the fruit of sin (vs.4,5)?
  - c. What was the prayer of faith?

**DAY 2 (Continued) – READ Psalm 53:1-6; Psalm 59:1-17**

9. According to 1 Samuel 19:9-18, what circumstances led David to request deliverance from God in **Psalm 59**?
10. What did David claim in Psalm 59:4?
11. In verse 6, David described his enemies as \_\_\_\_\_.
- 12.a. David asked God not to \_\_\_\_\_. (Instead) In Your might do what?
  - b. In society today, do you think prolonged punishment is effective? Please explain.
13. David trusted God for deliverance.
  - a. Fill in verse 16: "...for you are \_\_\_\_\_. "
  - b. What do we learn in 2 Corinthians 4:16-18 about facing trouble?

**DAY 3 – READ Psalm 64:1-10; Psalm 140:1-13**

- 14.a. In Psalm 64:1-6 find several phrases that refer to non-physical attacks.
  - b. Why do you think we fear verbal attacks?
  - c. We cannot control the actions of our adversaries, but we can control how we react. How should we react according to 1 Peter 2:21-23?
- 15.a. How did David entrust the situation to God in Psalm 64:8,9?
  - b. . . . in **Psalm 140:8,9**?
  - c. Psalm 140:12 says, "I know that the Lord secures justice for the poor and upholds the cause of the needy." Share one or two Scriptures you know that promise deliverance.

**DAY 4 – READ Psalm 144:1-15**

- 16.a. What deliverance did David request in verses 5-8?
  - b. What would result in verses 12-14?
- 17.a. Confident of victory, what was David going to do in verses 9,10?

**DAY 4 (Continued) – READ Psalm 144:1-15**

17.b. What do these Scriptures say about divine deliverance?  
Isaiah 46:4

1 Corinthians 10:13

2 Timothy 4:18

18. Personalize Psalm 144:15. "Blessed are the people of whom this is true; blessed is \_\_\_\_\_ whose God is the Lord."  
(your name)

**DAY 5 – READ Psalm 83:1-18; 79:1-13**

19. What were Israel's enemies plotting in Psalm 83:4?

20.a. How did Asaph request deliverance in  
vs. 13?  
vs. 15?  
vs. 16?  
vs. 17?  
b. To what end (vs. 18)?

21. **Psalm 79** is an urgent cry for national deliverance.

a. What problem existed?

. . . need was confessed (vs.8)?

. . . request was made (vs.9)?

. . . concern was expressed (vs.10)?

. . . plea was prayed (vs.11)?

. . . promise was vowed (vs.13)?

b. What evidence of spiritual attack against our nation do you think exists today?

c. What would you include in a request for deliverance?

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**LECTURE NOTES:**

**PRAYER REQUESTS:**